

SEPTEMBER

LUNCH

2018

GOOD EATS AT

Pre-K & Headstart

SPECIAL ANNOUNCEMENTS

Your child(ren) may qualify for free or reduced price meals. Parent(s) seeking assistance to receive free or reduced meals should submit an application online at <https://freeandreducedmeals.com> or come by the Child Nutrition Dept. at 1233 N. Hobart.

GET READY

FOR NATIONAL SCHOOL LUNCH WEEK
OCTOBER 8-12
SquareMeals.org/nsiw


TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
   
This product was funded by USDA.
This institution is an equal opportunity provider.



| M | T | W | TH | F |
|--|--|---|---|--|
| Breaded Drumstick Mashed Potatoes Pears Milk 3 | Beef & Bean Burrito Refried Beans Orange Smiles Milk 4 | Hamburger/Cheeseburger Carrot Coins Fruity Jello Milk 5 | Ravioli Tuscan Vegetables Mandarin Oranges Milk 6 | Frito Pie Corn Pineapple Tidbits Milk Animal Crackers 7 |
| Corndog SP Fries Spiced Apples Milk 10 | Grilled Cheese Sandwich Tater Smiles Banana Milk 11 | Nacho Grande Beans Peaches Milk 12 | Chili w/Corn Muffin Fries Cinnamon Applesauce Milk 13 | Asian Chicken Bowl Crunchy Broccoli Salad Pears Milk Graham Crackers 14 |
| Pork Chop Augratin Potatoes Applesauce Milk 17 | Pizza Green Beans Pineapple Tidbits Milk 18 | Mini Corndogs Zesty Cucumbers Pears Milk 19 | Cheese Enchiladas Refried Beans Mandarin Oranges Milk 20 | Pulled Pork Sliders Fries Peaches Milk Animal Crackers 21 |
| Chicken Strips Mashed Potatoes Peaches Milk 24 | Chicken Quesadilla Beans Orange Smiles Milk 25 | Breaded Drumstick Broccoli Fruity Jello Milk 26 | Stuffed Shells California Blend Veggies Spiced Apples Milk 27 | Sloppy Joes Fries Pineapple Tidbits Milk Graham Crackers 28 |

SEPTEMBER

BREAKFAST

2018

GOOD EATS AT

Pre-K & Headstart

SPECIAL ANNOUNCEMENTS

Parents:

If you are interested in working in the school cafeterias, please apply at www.pampaisd.net



| M | T | W | TH | F |
|---|------------------------------------|--|--|-----------------------------------|
| Sausage & Gravy Biscuit Fruit Cup Milk 3 | Pancakes Fruit Cup Milk 4 | Bacon, Egg, & Cheese Croissant Fruit Cup Milk 5 | Breakfast Bread Fruit Cup Milk 6 | Rolled Taco Fruit Cup Milk 7 |
| French Toast Stks Fruit Cup Milk 10 | Breakfast Pizza Fruit Cup Milk 11 | Muffins Fruit Cup Milk 12 | Breakfast Burrito Fruit Cup Milk 13 | Breakfast Bread Fruit Cup Milk 14 |
| Ham & Cheese Croissant Fruit Cup Milk 17 | Sausage Sandwich Fruit Cup Milk 18 | Muffins Fruit Cup Milk 19 | Egg & Cheese Breakfast Sliders Fruit Cup Milk 20 | Breakfast Bread Fruit Cup Milk 21 |
| Sausage & Gravy Biscuit Fruit Cup Milk 24 | Pancakes Fruit Cup Milk 25 | Bacon, Egg, & Cheese Croissant Fruit Cup Milk 26 | Breakfast Bread Fruit Cup Milk 27 | Rolled Taco Fruit Cup Milk 28 |

GET READY

FOR NATIONAL SCHOOL LUNCH WEEK
OCTOBER 8-12
SquareMeals.org/nslw



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This institution is an equal opportunity provider.