



AUGUST

LUNCH

2018

GOOD EATS AT

Lamar Elementary

I'm **PROFESSOR GREEN**

SPECIAL ANNOUNCEMENTS

Your child(ren) may qualify for free or reduced price meals. Parent(s) seeking assistance to receive free or reduced meals should submit an application online at <https://freeandreducedmeals.com> or come by the Child Nutrition Dept. at 1233 N. Hobart.

M	T	W	TH	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	Asian Bowl w/Rice Or Egg Rolls Or Bobcat Special Broccoli Salad Fresh Fruit Milk	Pulled Pork Sliders Or Chicken Nuggets w/Mac & Cheese Or Bobcat Special Baked Beans/ Coleslaw Fruity Jello Juice & Milk	Lasagna Or Pizza Pocket Or Bobcat Special Steamed Broccoli Spiced Apples Orange Smiles Milk	Hot Dog/Chili Dog Or Frito Pie Or Bobcat Special Tater Smiles/Green Beans Diced Peaches Juice & Milk Cookie
Pizza Or Meatball Pocket Or Bobcat Special Broccoli Cinnamon Applesauce Mixed Fruit Milk	Fish Nuggets Or Pork Chops Or Bobcat Special Augratin Potatoes Black-eyed Peas Apple-Pineapple D'Lite Milk	Nacho Grande Or Taquito Or Bobcat Special Beans & Corn Pineapple Tidbits Juice & Milk	Mini Twin Burgers Or Mini Corndogs Or Bobcat Special Fries/Baked Beans Fresh Fruit Milk	Ham & Cheese Croissant Or Pizza Dippers Or Bobcat Special Baby Carrots/Tossed Salad Diced Pears Juice & Milk Crispy Cereal Treat
27	28	29	30	31

AUGUST

Breakfast

2018



I'm
PROFESSOR GREEN

**GOOD
EATS AT**

**Lamar
Elementary**

**SPECIAL
ANNOUNCEMENTS**

M	T	W	Th	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	Breakfast Pizza Fruit Cup Juice & Milk	Pancake 'N Sausage Fruit Cup Juice & Milk	Breakfast Burrito Fruit Cup Juice & Milk	Breakfast Loaf Fruit Cup Juice & Milk
27	Sausage Sandwich Fruit Cup Juice & Milk	Muffin Fruit Cup Juice & Milk	Egg & Cheese Breakfast Slider Fruit Cup Juice & Milk	Cinnamon Rolls Fruit Cup Juice & Milk
	28	29	30	31



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This initiative is an equal opportunity provider.