

SEPTEMBER

LUNCH

2018

GOOD EATS AT

Wilson Elementary

SPECIAL ANNOUNCEMENTS

Your child(ren) may qualify for free or reduced price meals. Parent(s) seeking assistance to receive free or reduced meals should submit an application online at <https://freeandreducedmeals.com> or come by the Child Nutrition Dept. at 1233 N. Hobart.

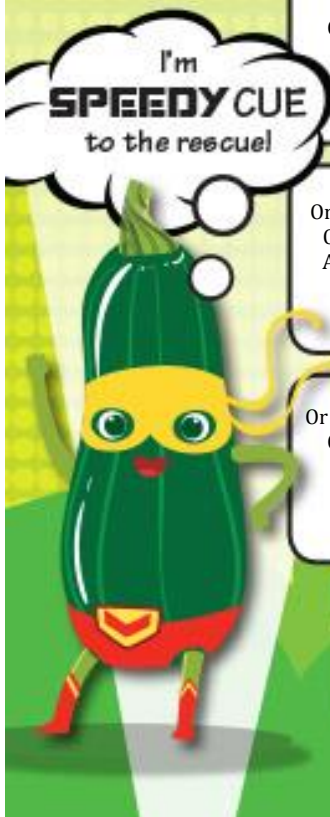
GET READY

FOR NATIONAL SCHOOL LUNCH WEEK
OCTOBER 8-12
SquareMeals.org/nsiw


TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.

M	T	W	TH	F
Chicken Fried Steak Or Breaded Drumstick Or Wolves Special Mashed Potatoes Green Peas Peaches/Pears Milk 3	Crispy Tacos Or Beef & Bean Burrito Or Wolves Special Refried Beans Tossed Salad Orange Smiles Milk 4	Burger/ Cheeseburger Or Popcorn Shrimp Or Wolves Special Fries/Carrot Coins Fruity Jello Juice & Milk 5	Ravioli Or Pizza Pocket Or Wolves Special Tuscan Vegetables Zesty Cucumbers Fresh Fruit Milk 6	Ranchero Wrap Or Frito Pie Or Wolves Special Corn/Bell Pepper Pineapple Tidbits Juice & Milk Brownie Bite 7
Mac & Cheese Or Corndog Or Wolves Special Fries/Okra Spiced Apples Mandarin Oranges Milk 10	Steakfinger Basket Or Grilled Cheese Sandwich Or Wolves Special Green Beans Snowball Salad Milk 11	Nacho Grande Or Meat & Cheese Chalupa Or Wolves Special Beans/Salad Peaches Juice & Milk 12	Hot Dog/Chili Dog Or Chili w/Corn Muffin Or Wolves Special Fries/Cucumbers Fresh Fruit Milk 13	Asian Chicken Bowl Or Eggrolls Or Wolves Special Crunchy Broccoli Salad Pears Juice & Milk Cookie 14
Pork Chop Or Glazed Drumstick Or Wolves Special Au gratin Potatoes Broccoli Applesauce Milk 17	Spaghetti Bowl Or Pizza Or Wolves Special Green Beans Carrot Coins Fresh Fruit Milk 18	Mini Twin Burgers Or Mini Corndogs Wolves Special Fries/Zesty Cucumbers Pears Juice & Milk 19	Cheese Enchiladas Or Taquitos Or Wolves Special Refried Beans/Salad Fresh Fruit Milk 20	Pulled Pork Sliders Or Turkey & Cheese Wraps Or Wolves Special Fries/Coleslaw Peaches Juice & Milk Crispy Cereal Treat 21
Chicken Strips Or Chicken Fried Steak Or Wolves Special Mashed Potatoes Okra Pears/Peaches Milk 24	Mexican Combo Plate Or Chicken Quesadilla Or Wolves Special Beans/Corn Orange Smiles Milk 25	Breaded Drumstick Or Popcorn Shrimp Or Wolves Special Black-eyed Peas Broccoli Fruity Jello Juice & Milk 26	Stuffed Shells Or Meatball Pocket Or Wolves Special California Blend Veggies Bell Pepper Fresh Fruit Milk 27	Hamburger/Cheeseburger Or Sloppy Joes Or Wolves Special Fries/Baby Carrots Pineapple Tidbits Juice & Milk Brownie Bites 28



SEPTEMBER

BREAKFAST

2018

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SPECIAL ANNOUNCEMENTS

Parents:

If you are interested in working in the school cafeterias, please apply at www.pampaisd.net



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M

T

W

TH

F

Sausage & Gravy
Biscuit
Fruit Cup
Juice & Milk

3

Pancakes
Fruit Cup
Juice & Milk

4

Bacon, Egg, &
Cheese Croissant
Fruit Cup
Juice & Milk

5

Breakfast Bread
Fruit Cup
Juice & Milk

6

Rolled Taco
Fruit Cup
Juice & Milk

7

French Toast Stks
Fruit Cup
Juice & Milk

10

Breakfast Pizza
Fruit Cup
Juice & Milk

11

Pancake 'N Sausage
Fruit Cup
Juice & Milk

12

Breakfast Burrito
Fruit Cup
Juice & Milk

13

Breakfast Loaf
Fruit Cup
Juice & Milk

14

Ham & Cheese
Croissant
Fruit Cup
Juice & Milk

17

Sausage Sandwich
Fruit Cup
Juice & Milk

18

Muffins
Fruit Cup
Juice & Milk

19

Egg & Cheese
Breakfast Sliders
Fruit Cup
Juice & Milk

20

Cinnamon Rolls
Fruit Cup
Juice & Milk

21

Sausage & Gravy
Biscuit
Fruit Cup
Juice & Milk

24

Pancakes
Fruit Cup
Juice & Milk

25

Bacon, Egg, &
Cheese Croissant
Fruit Cup
Juice & Milk

26

Breakfast Bread
Fruit Cup
Juice & Milk

27

Rolled Taco
Fruit Cup
Juice & Milk

28

I'm
SPEEDY CUE
to the rescue!



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