

# SEPTEMBER 2017

MON

TUE

WED

THUR

FRI

## Special Announcements

Your child(ren) may qualify for free or reduced price meals. Parent(s) seeking assistance to receive free or reduced meals should submit an application to the Child Nutrition Dept. at 1233 N. Hobart or at any campus.

## HOLIDAY

4

MINI CORNDOGS OR CHICKEN NUGGETS  
STEAMED BROCCOLI  
SLICED CARROTS  
APPLESAUCE  
MIXED FRUIT  
MTIK 11

RED BURRITO OR CHICKEN NUGGETS  
CORN  
STEAMED BROCCOLI  
SPICED APPLES  
MIXED FRUIT  
MTIK 18

CHICKEN FRIED STEAK OR CHICKEN NUGGETS  
WHIPPED POTATOES  
STEAMED BROCCOLI  
ROSIE APPLESAUCE  
MIXED FRUIT 15

Good Eats at:  
**WILSON ELEMENTARY**

## GET READY

FOR NATIONAL SCHOOL LUNCH WEEK!  
OCTOBER 9-13  
[squaremeals.org/nslw](http://squaremeals.org/nslw)

BBQ SANDWICH OR STEAK FINGERS  
VEGETARIAN BEANS  
CUCUMBER SLICES  
DICED PEACHES  
FRUIT JUICE  
MILK 5

MINI TWIN BURGER OR PIZZA DIPPERS  
MIXED VEGETABLES  
CUCUMBER SLICES  
PINEAPPLE  
FRUIT JUICE  
MILK 12

TURKEY SUB OR STEAK FINGERS  
GREEN BEANS  
BABY CARROTS  
DICED PEACHES  
FRUIT JUICE  
MILK 19

COMBO SUB OR PIZZA DIPPERS  
SLICED CARROTS  
TOSSED SALAD  
PINEAPPLE  
FRUIT JUICE  
MILK 26

BUFFALO PULL-APART OR CORNDOG  
STEAMED BROCCOLI  
BABY CARROTS  
DICED PEARS  
FRESH FRUIT 6

MAC & CHEESE OR POPCORN CHICKEN  
VEGETARIAN BEANS  
TOSSED SALAD  
MANDARIN ORANGES  
FRESH FRUIT  
MTIK 13

SPAGHETTI OR CORNDOG  
MIXED VEGETABLES  
TOSSED SALAD  
DICED PEARS  
FRESH FRUIT  
MILK 20

SOFT TACO OR POPCORN CHICKEN  
REFRIED BEANS  
CUCUMBER SLICES  
MANDARIN ORANGES  
FRESH FRUIT  
MTIK 27

TACO SALAD OR CHEESE PIZZA  
PINTO BEANS  
CUCUMBER SLICES  
PINEAPPLE  
FRUIT JUICE  
MILK 7

FRITO PIE OR PEPPERONI PIZZA  
GREEN BEANS  
BABY CARROTS  
DICED PEACHES  
FRUIT JUICE  
MTIK 14

QUESADILLA OR CHEESE PIZZA  
PINTO BEANS  
CUCUMBER SLICES  
PINEAPPLE  
FRUIT JUICE  
MILK 21

CHICKEN STRIPS OR PEPPERONI PIZZA  
GREEN BEANS  
BABY CARROTS  
DICED PEACHES  
FRUIT JUICE  
MTIK 28

GRILLED CHEESE OR HOT DOG/CHILI DOG  
MIXED VEGETABLES  
CUCUMBER SLICES  
DICED PEARS  
FRESH FRUIT 1

FISH STRIPS OR HAMBURGER  
FRESH FRIES  
TOSSED SALAD  
MANDARIN ORANGES  
FRESH FRUIT  
MILK 8




BEAN & CHEESE BURRITO OR HOT DOG/CHILI DOG  
FRENCH FRIES  
CUCUMBER SLICES  
DICED PEARS  
FRESH FRUIT 15

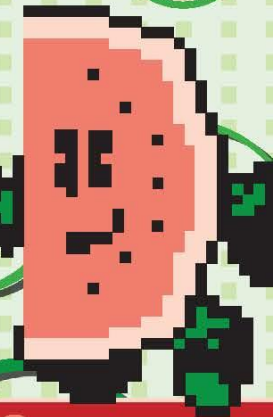
POPCORN SHRIMP OR HAMBURGER  
FRESH FRIES  
BABY CARROTS  
MANDARIN ORANGES  
FRESH FRUIT  
MILK 22

GRILLED CHEESE OR HOT DOG/CHILI DOG  
MIXED VEGETABLES  
CUCUMBER SLICES  
DICED PEARS  
FRESH FRUIT 29

9.4

Labor Day

+200   
+100   
+50 



Fun facts on back!



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



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Special Announcements

Parents:

If you are interested in working in the school cafeterias, please apply at [www.pampaisd.net](http://www.pampaisd.net).



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## GET READY

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OCTOBER 9-13  
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BREAKFAST PIZZA  
DICED PEACH CUP  
FRUIT JUICE  
MILK

1

9.4

Labor Day

HOLIDAY

4

MINI DONUTS  
DICED PEACH CUP  
FRUIT JUICE  
MILK

5

PANCAKE STICK  
APPLESAUCE CUP  
FRUIT JUICE  
MILK

6

MINI BAGELS  
DICED PEACH CUP  
FRUIT JUICE  
MILK

7

BREAKFAST PIZZA  
STRAWBERRY CUP  
FRUIT JUICE  
MILK

8

+200



+100



+50



HAM & CHEESE STICK  
DICED PEACH CUP  
FRUIT JUICE  
MILK

11

MINI PANCAKES  
STRAWBERRY CUP  
FRUIT JUICE  
MILK

12

EGG & SAUSAGE BURRITO  
APPLESAUCE CUP  
FRUIT JUICE  
MILK

13

CEREAL BAR  
DICED PEACH CUP  
FRUIT JUICE  
MILK

14

BREAKFAST PIZZA  
DICED PEACH CUP  
FRUIT JUICE  
MILK

15

SAUSAGE & BISCUIT  
DICED PEACH CUP  
FRUIT JUICE  
MILK

18

MINI DONUTS  
DICED PEACH CUP  
FRUIT JUICE  
MILK

19

PANCAKE STICK  
APPLESAUCE CUP  
FRUIT JUICE  
MILK

20

MINI BAGELS  
DICED PEACH CUP  
FRUIT JUICE  
MILK

21

BREAKFAST PIZZA  
STRAWBERRY CUP  
FRUIT JUICE  
MILK

22

BACON, EGG, & CHEESE STICK  
DICED PEACH CUP  
FRUIT JUICE  
MILK

25

MINI PANCAKES  
STRAWBERRY CUP  
FRUIT JUICE  
MILK

26

EGG & SAUSAGE BURRITO  
APPLESAUCE CUP  
FRUIT JUICE  
MILK

27

CEREAL BAR  
DICED PEACH CUP  
FRUIT JUICE  
MILK

28

BREAKFAST PIZZA  
DICED PEACH CUP  
FRUIT JUICE  
MILK

29

Fun facts on back!