

NOVEMBER Lunch

2018



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Call me
CAPTAIN CARROTENE!

GOOD EATS AT

Lamar Elementary

SPECIAL ANNOUNCEMENTS

Thanksgiving Dinner will be served in our cafeteria on November 8th.

From all of us in the Child Nutrition Department, we wish you a safe a happy holiday!

STUDENT HOLIDAY
5

Mexican Combo Plate
Or Chicken Quesadilla
Or Grilled Cheese Swch
Beans/Corn
Rosie Applesauce
Orange Smiles
Milk
6

Breaded Drumstick
Or Popcorn Shrimp
Or Grilled Cheese Swch
Peas/Cheesy Broccoli
Fruity Jello
Juice/Milk
7

Turkey & Dressing
Mashed Potatoes
Green Beans
Snowball Salad
Cranberry Sauce
Chiffon Tart
Milk
8

Burger/Cheeseburger
Or Sloppy Joe Sandwich
Or Grilled Cheese Swch
French Fries/Carrots
Pineapple Tidbits
Juice/Milk
9

Chicken Bowl
Or Hamburger Steak
Or Grilled Cheese Swch
Mashed Potatoes
Corn
Applesauce/Pears
Milk
12

Asian Chicken
Or Egg Rolls
Or Grilled Cheese Swch
Broccoli/Bell Pepper
Strawberries & Bananas
Milk
13

BBQ Sandwich
Or Chicken Nuggets
w/Mac & Cheese
Or Grilled Cheese Swch
Baked Beans
Fruity Jello
Juice/Milk
14

Lasagna
Or Pizza Pocket
Or Grilled Cheese Swch
Baby Carrots
Spiced Apples
Orange Smiles
Milk
15

Hot Dog/Chili Dog
Or Frito Pie
Or Grilled Cheese Swch
Tater Smiles
Peaches
Juice/Milk
Holiday Cookie
16

9

20

21

22

23

Pizza, Variety
Or Meatball Pocket
Or Grilled Cheese Swch
Cheesy Broccoli
Cinnamon Applesauce
Mixed Fruit
Milk
26

Fish Nuggets
Or Pork Chop
Or Grilled Cheese Swch
Augratin Potatoes/Peas
Apple-Pineapple D'Lite
Mandarin Oranges
Milk
27

Beef Nacho
Or Taquito
Or Grilled Cheese Swch
Beans/Corn
Pineapple Tidbits
Juice/Milk
28

Mini Twin Burgers
Or Mini Corndogs
Or Grilled Cheese Swch
French Fries
Baked Beans
Fresh Fruit
Milk
29

Ham & Cheese Croissant
Or Pizza Dippers
Or Grilled Cheese Swch
Baby Carrots/Salad
Pears
Juice/Milk
Crispy Cereal Treats
30

Happy Thanksgiving



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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NOVEMBER Breakfast

2018



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Happy Thanksgiving

STUDENT HOLIDAY
5

Pancakes
Fruit Cup
Juice/Milk
6

Bacon, Egg, & Cheese Croissant
Fruit Cup
Juice/Milk
7

Breakfast Bread
Fruit Cup
Juice/Milk
8

Rolled Taco
Fruit Cup
Juice/Milk
9

French Toast Stks
Fruit Cup
Juice/Milk
12

Breakfast Pizza
Fruit Cup
Juice/Milk
13

Breakfast Burrito
Fruit Cup
Juice/Milk
14

Pancake 'N Sausage
Fruit Cup
Juice/Milk
15

Breakfast Loaf
Fruit Cup
Juice/Milk
16

19

20

21

22

23

Ham & Cheese Croissant
Fruit Cup
Juice/Milk
26

Sausage Sandwich
Fruit Cup
Juice/Milk
27

Muffin
Fruit Cup
Juice/Milk
28

Egg & Cheese Breakfast Sliders
Fruit Cup
Juice/Milk
29

Cinnamon Rolls
Fruit Cup
Juice/Milk
30



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