

Tomato World

Cherry Tomato x 05



# JULY 2018

MON

TUE

WED

THUR

FRI

Good Eats at:

LAMAR

ELEMENTARY

Special Announcements

LAMAR ELEMENTARY BREAKFAST

7:30 – 8:30 A.M.

LAMAR ELEMENTARY LUNCH

11:00 A.M. – 12:30 P.M.

CHILDREN 18 AND YOUNGER CAN EAT FREE ALL SUMMER WITH PAMPA ISD!



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



Asian Bowl w/Rice Or Mini Corndogs Steamed Broccoli Fruity Jello  <u>Breakfast</u> Cinnamon Rolls <b>2</b>	Steak Finger Basket Or Mini Twin Burgers French Fries Apricot Cup  <u>Breakfast</u> French Toast Sticks <b>3</b>	HOLIDAY	Spaghetti Or Pizza Pockets Savory Green Beans Rosie Applesauce  <u>Breakfast</u> Waffles <b>5</b>	Taco Pockets Or Cheeseburger French Fries Fresh Fruit  <u>Breakfast</u> Cereal & Toast <b>6</b>
Pizza Variety Or Burrito Seasoned Corn Fruity Jello  <u>Breakfast</u> Donuts <b>9</b>	Chicken Fried Steak Or C.F. Steak Sandwich Whipped Potatoes Spiced Apples  <u>Breakfast</u> Pancake 'N Sausage <b>10</b>	Pulled Pork Sandwich Or Chicken Sandwich Vegetarian Beans Fresh Fruit  <u>Breakfast</u> Sausage & Biscuit <b>11</b>	Crispy Tacos Or Ham Sandwich Pinto Beans Peach Cup  <u>Breakfast</u> Poptarts <b>12</b>	Chicken Fajitas Or Chili Dog French Fries Fresh Fruit  <u>Breakfast</u> Cereal & Toast <b>13</b>
Asian Bowl w/Rice Or Mini Corndogs Steamed Broccoli Fruity Jello  <u>Breakfast</u> Cinnamon Rolls <b>16</b>	Steak Finger Basket Or Mini Twin Burgers French Fries Apricot Cup  <u>Breakfast</u> French Toast Sticks <b>17</b>	BBQ Chicken w/ Roll Or Turkey Sandwich Vegetarian Beans Fresh Fruit  <u>Breakfast</u> Breakfast Pizza <b>18</b>	Spaghetti Or Pizza Pockets Savory Green Beans Rosie Applesauce  <u>Breakfast</u> Waffles <b>19</b>	Taco Pockets Or Cheeseburger French Fries Fresh Fruit  <u>Breakfast</u> Cereal & Toast <b>20</b>
Pizza Variety Or Burrito Seasoned Corn Fruity Jello  <u>Breakfast</u> Donuts <b>23</b>	Chicken Fried Steak Or C.F. Steak Sandwich Whipped Potatoes Spiced Apples  <u>Breakfast</u> Pancake 'N Sausage <b>24</b>	Pulled Pork Sandwich Or Chicken Sandwich Vegetarian Beans Fresh Fruit  <u>Breakfast</u> Sausage & Biscuit <b>25</b>	Crispy Tacos Or Ham Sandwich Pinto Beans Peach Cup  <u>Breakfast</u> Poptarts <b>26</b>	Chicken Fajitas Or Chili Dog French Fries Fresh Fruit  <u>Breakfast</u> Cereal & Toast <b>27</b>
30	31	HEALTHY SUMMER MEALS FOR KIDS No Cost For Kids 18 and Younger		

+200  
+100  
+50



Fun facts on back!



This product was funded by USDA. This institution is an equal opportunity provider.

CEREAL & TOAST WILL BE OFFERED EVERYDAY AT BREAKFAST.

MILK & JUICE WILL BE OFFERED AT BREAKFAST.

MILK WILL BE OFFERED AT LUNCH.