

NOVEMBER Lunch

2018



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Call me
CAPTAIN CARROTENE!

GOOD EATS AT

Austin Elementary

SPECIAL ANNOUNCEMENTS

Thanksgiving Dinner will be served in our cafeteria on November 8th.

From all of us in the Child Nutrition Department, we wish you a safe a happy holiday!

STUDENT HOLIDAY
5

Mexican Combo Plate
Or Chicken Quesadilla
Or Grilled Cheese Swch
Beans/Corn
Rosie Applesauce
Orange Smiles
Milk 6

Breaded Drumstick
Or Popcorn Shrimp
Or Grilled Cheese Swch
Peas/Cheesy Broccoli
Fruity Jello
Juice/Milk 7

Turkey & Dressing
Mashed Potatoes
Green Beans
Snowball Salad
Cranberry Sauce
Chiffon Tart
Milk 8

Burger/Cheeseburger
Or Sloppy Joe Sandwich
Or Grilled Cheese Swch
French Fries/Carrots
Pineapple Tidbits
Juice/Milk 9

Chicken Bowl
Or Hamburger Steak
Or Grilled Cheese Swch
Mashed Potatoes
Corn
Applesauce/Pears
Milk 12

Asian Chicken
Or Egg Rolls
Or Grilled Cheese Swch
Broccoli/Bell Pepper
Strawberries & Bananas
Milk 13

BBQ Sandwich
Or Chicken Nuggets
w/Mac & Cheese
Or Grilled Cheese Swch
Baked Beans
Fruity Jello
Juice/Milk 14

Lasagna
Or Pizza Pocket
Or Grilled Cheese Swch
Baby Carrots
Spiced Apples
Orange Smiles
Milk 15

Hot Dog/Chili Dog
Or Frito Pie
Or Grilled Cheese Swch
Tater Smiles
Peaches
Juice/Milk
Holiday Cookie 16

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23

Pizza, Variety
Or Meatball Pocket
Or Grilled Cheese Swch
Cheesy Broccoli
Cinnamon Applesauce
Mixed Fruit
Milk 26

Fish Nuggets
Or Pork Chop
Or Grilled Cheese Swch
Augratin Potatoes/Peas
Apple-Pineapple D'Lite
Mandarin Oranges
Milk 27

Beef Nacho
Or Taquito
Or Grilled Cheese Swch
Beans/Corn
Pineapple Tidbits
Juice/Milk 28

Mini Twin Burgers
Or Mini Corndogs
Or Grilled Cheese Swch
French Fries
Baked Beans
Fresh Fruit
Milk 29

Ham & Cheese Croissant
Or Pizza Dippers
Or Grilled Cheese Swch
Baby Carrots/Salad
Pears
Juice/Milk
Crispy Cereal Treats 30

Happy Thanksgiving



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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NOVEMBER Breakfast

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Happy Thanksgiving

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Gingerbread Bites w/Yogurt Or Cereal w/Toast Fresh Fruit Juice/Milk
6

Breakfast Burrito Or Cereal w/Toast Pears Juice/Milk
7

Waffles w/Bacon Or Cereal w/Toast Fresh Fruit Juice/Milk
8

Pancake 'N Sausage Or Cereal w/Toast Peaches Juice/Milk
9

French Toast Stks Or Cereal w/Toast Peaches Juice/Milk
12

Early Bird Sandwich Or Cereal w/Toast Fresh Fruit Juice/Milk
13

Breakfast Pocket Or Cereal w/Toast Pineapple Tidbits Juice/Milk
14

Glazed Donut Or Cereal w/Toast Fresh Fruit Juice/Milk
15

Pancakes w/Sausage Or Cereal w/Toast Mixed Fruit Juice/Milk
16

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Breakfast Pizza Or Cereal w/Toast Pears Juice/Milk
26

Breakfast Combo Or Cereal w/Toast Fresh Fruit Juice/Milk
27

Sausage Biscuit Or Cereal w/Toast Peaches Juice/Milk
28

Breakfast Burrito Or Cereal w/Toast Fresh Fruit Juice/Milk
29

Cinnamon Rolls Or Cereal w/Toast Pineapple Tidbits Juice/Milk
30



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